

# Kings Peak

**PACKING LIST** 3 days, 2 nights in the High Uintas · the main event

**Jul 30–Aug 1**

DATES

**25.5 mi**

TOTAL DISTANCE

**4,200'**

TOTAL GAIN

**13,528'**

SUMMIT

## BIG ITEMS

- Backpacking backpack
- Day pack (for summit day)
- Sleeping bag (20–40°F rated)
- Sleeping pad (foam or inflatable)
- Tent or hammock SHARE
- Backpacking stove + fuel + lighter SHARE
- Water purification (filter or tablets)
- Headlamp or flashlight

## CLOTHING

- Hiking boots (broken in beforehand)
- Wool or synthetic hiking socks (multiple pairs)
- Underwear (multiple)
- Hiking pants and shirts
- Sun hat
- Warm hat / beanie
- Light gloves
- Jacket (insulation layer)
- Rain poncho or rain jacket
- Sleepwear (sweater + sweatpants)
- Crocs or slides for camp OPTIONAL

## FOOD AND WATER

- 2 dinners (Mountain House provided)
- 2 breakfasts (oatmeal provided)
- 2 lunches (no cooking)
- Water bottles / bladders (2.5L minimum)
- Personal snacks (granola bars, jerky)
- Utensils, cup or pot

## PERSONAL

- Sunscreen and chapstick
- Bug spray (high DEET)
- Mosquito head net OPTIONAL
- Wipes and toilet paper
- Toothbrush and toothpaste
- Hand sanitizer
- Basic first aid kit
- Any personal medications

## LEAVE AT HOME

No youth electronics (phones, games, movie players, cameras). Leaders carry phones for photos and emergencies. No energy drinks. No eating in leader vehicles. Target pack weight 20–30 lbs.